



Ysgol Friars

Bangor, Gwynedd. LL57 2LN

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Pennaeth/Headteacher: Mr Neil Foden B.A.

September 2014

Dear Parent/Guardian,

As part of the school's Personal and Social Education programme, your child will follow an approximately 6 week Health module. The content of the modules are based on the "Personal and Social Education framework" published by the Department for Children, Education, Lifelong Learning and Skills, Welsh Assembly Government. This document can be viewed online on:

<http://learning.wales.gov.uk/docs/learningwales/publications/130425-personal-and-social-education-framework-en.pdf>

The Science National Curriculum teaches the male and female reproductive system, the menstrual cycle, fertilisation and the stages of pregnancy.

Here is an overview of the Health modules taught:

Year 7	To understand how puberty affects young people physically and emotionally. To understand the importance of stable family relationships.
Year 8	To understand the effects of and risks from the use of a range of legal and illegal drugs and the laws governing their use. To understand how to use alcohol responsibly and the risks of binge drinking.
Year 9	To understand contraception, sexually transmitted infections and HIV within the context of relationships. To understand the law relating to aspects of sexual behaviour.
Year 10	To understand the importance of sexual health and the risks involved in sexual activity. To understand the personal, social and legal consequences of the use of legal and illegal substances. To understand the features of effective parenthood.
Year 11	To understand the factors that affect mental health and the ways in which emotional well-being can be fostered. To understand the personal, social and legal consequences of the use of legal and illegal substances.
Year 12 and 13	To understand the potential consequences of sexual activity for themselves and personal relationships. To understand how to critically evaluate personal lifestyle choices in the context of physical health and emotional well-being, considering the short and long term consequences of such decisions.

Please contact me if you would like to discuss any aspect of the Health modules. The area of sex education is sensitive and personal. If through deeply held cultural or religious beliefs you do **not** wish your child to attend a course, please would you let me know **in writing** not later than Friday 12th September 2014. Alternative arrangements will be made for those pupils.

Note: **Attendance will be presumed unless a letter is being sent.**

Yours faithfully,

Mrs V. Gould (Health Coordinator)



Ysgol Iach
Healthy School



Gwobr Cwricwlwm 2005
Curriculum Award 2005



Training Partnership school
Ysgol Partneriaeth
Hyfforddi

Education

extra

Certificate of Merit
Tystysgrif Teilyngdod



Quality Mark
Marc Safon



Recognition of Quality
Award
Gwobr Cydnabod Ansawdd



School Improvement Index
Award
Gwobr Mynegai Gwelliant
Ysgolion



Gwobr Cwricwlwm 2003
Curriculum Award 2003



Balchder Bangor
Bangor Pride



Nod Ansawdd Sgiliau
Sylfaenol
Basic Skills Quality
Standard



Gwobr Ysgol Rnngwladol
International School Award



Ysgol Partner. CPD
Everton
Everton FC Partner
School